# Chocolate Pudding

Serves 6

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*A fabulous dessert, with no added oil or refined sugar, but packed with flavor! Serve with berries.*

2 avocados
1 banana
1/2 cup unsweetened cocoa powder
1/2 cup dates, pitted, soaked in water for a few hours, drained
1 teaspoon pure vanilla extract

## Method

Combine all ingredients in a food processor until smooth, scraping down sides of the bowl as needed. Transfer to a bowl or individual serving bowls and chill several hours before serving.